

SHAC Meeting Minutes

Date: November 16, 2023 Time: 2:00pm

Location: Charlotte Library (South Blvd. Library), 4429 South Blvd, Charlotte, NC 28209

Meeting Attendees: Irimi McCarthy, Monica Adamian, Tuere Dunton-Forbes, Treva Johnson, Kerry Barbera, Michael Eastwood, Anna Priester, Sahsine Davis, Ursula Douglas, Molly Rush, Latisha Hensley, Shea Heyward, Yvette Watson, John Concelman, Andrew Romberger, Jenn Vedder, Patsy Fisher, Donnie Mitchem

School Health Advisory Council: Our Charge

A School Health Advisory Council (SHAC) is required by NC State Board of Education Healthy Active Children Policy (HRS-E-000) and CMS Student Wellness Policy and Regulation (JL, JL-R).

Responsibility #1: Work in conjunction with CMS leadership to plan, implement and monitor compliance with CMS Policy JL – Student Wellness and other CMS policies, regulations, and programs related to health and wellness.

Responsibility #2: Review CMS annual progress report related to compliance with Policy JL.

Responsibility #3: Develop resources for staff, students, and parents about CMS health policies and regulations that impact student mental and physical health.

Responsibility #4: Promote student-centered programs intended to positively impact health, wellness and safety.

Agenda Items	Notes
Welcome, Introductions, and Icebreaker	
MCPH-School Health-Program Overview (Ursula Douglas)	<ul style="list-style-type: none"> ● Role of the School Nurse: Standards of Practice: Care Coordination, Community/Public Health, Quality Improvement, & Leadership ● Department Staff Structure: 177 Registered Nurses (RN)-Bachelor-prepared, Board-certified, 8 Licensed Practical Nurses (LPN), 21 Limited Part-Time Nurses (nurse float pool), 3 Nurse Managers, 16 Nurse Supervisors, 2 Nutritionists, 2 Administrative Assistants, 1 Medical Office Assistant, and 1 Director ● Added Positions Retirements + Resignations = Vacancy rate of >30% ● OPERATION Nurse in Every School (NIES)-Operation NIES aims to reduce our vacancy rate by <ul style="list-style-type: none"> ○ Hiring RNs with associate degrees to increase viable candidates ○ Creating professional development opportunities for current nurses to increase staff retention ○ Enhancing recruitment incentives to compete with area healthcare organizations
Atrium Health-Virtual Medical Care & Teletherapy (Patsy Fisher & Donnie Mitchem)	<ul style="list-style-type: none"> ● Meaningful Medicine= School-Based Virtual Care & Teletherapy + Wrap-Around Social Support & Education + Community – Based Virtual Care + Workforce Development ● School-Based Virtual Care: Medical <ul style="list-style-type: none"> ○ As of the 2023-2024 school year, this program has grown to 139 schools across 7 counties. ○ CMS Outcomes (2023-2024 School Year): 62% Return to Class, Reduction in chronic absenteeism , 1044 total student visits ○ CMS Volumes (2023-2024 School Year): Total virtual visits 1170, Total unique patients 1115, Active days providing care 53 ○ 60 Sites ● School-Based Virtual Care: Teletherapy <ul style="list-style-type: none"> ○ Providing school-based therapy services for more than 26 years in the Greater Charlotte Region

	<ul style="list-style-type: none"> ○ Currently in 133 schools across NC & SC and rapidly growing . ○ Committed to offering therapy within 10 days or less of the initial referral for every student in each school we serve ● School Based Teletherapy (2023-2024 School Year): Active Sites 18 Sites launched with no documented visits 5 ● Top primary diagnosis: anxiety, depressive disorder, depression, trauma and stressor related disorder ● Biggest Wins: Increase in family engagement with virtual therapy: 10% more family therapy sessions, increased access to care: 13 new schools, 232 new students, no wait list for therapy services, 73% of referred students received care versus the average of 62%
School Health Teams (Treva Johnson & Monica Adamian)	<ul style="list-style-type: none"> ● Quarterly check-in meetings with School Health Team Ambassadors/Champions/Leads: 11/20 & 11/21 ● School Health Team Playbook: https://www.canva.com/design/DAFua7WWbjY/0F_TAfY1m516ZnVJgxHAOO/edit?utm_content=DAFua7WWbjY&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton ●
Updates (Monica Adamian & Treva Johnson)	<ul style="list-style-type: none"> ● The school board policy committee approved the changes to the First Aid and Emergency Medical Care policy that incorporates Naloxone in the schools. The changes go to the full school board, for a reading in December and then the final vote in January. ● Below is the link to the school board regulation for Student Wellness in case anyone wants to propose additional changes. http://go.boarddocs.com/nc/cmsnc/Board.nsf/goto?open&id=CFY2TK03BE70
Updates/Announcements: <ul style="list-style-type: none"> ● School Nursing Staffing Updates ● Other Announcements 	<p>Coordinated School Health Facebook page: Like and Follow us https://www.facebook.com/profile.php?id=100092374578146&mibextid=ZbWKwL</p>
Next meeting	<ul style="list-style-type: none"> ● NEXT MEETING February 22, 2024 2:00 p.m.
Thank You!	